



BEGINNING SCHOOL AT GLENROY WEST PRIMARY SCHOOL

THE BEGINNING OF EACH YEAR:

Beginning school for Foundation Year children will usually be quite tiring for them initially as attending school is very different from kindergarten, play groups, childcare or being at home.

At Glenroy West Primary School, during the *month of February*, all Foundation Year children will attend from 9:00am until 3:15pm on Mondays, Tuesdays, Thursdays and Fridays. On *Wednesdays children will remain at home* to rest and will be called into school for assessment purposes. The class teacher will arrange a time with each family.

In March, all Foundation Year students will attend school for the full five days. Children should be collected from their classrooms each afternoon if they are not attending Out of School Hours Care.

WHAT YOU WILL NEED TO BEGIN SCHOOL:

- Lunch (lunchbox and drink bottle need to be named on both the lid and base (For safety, no glass containers please)
- Play lunch – a snack or two for the second break at school
- School bag clearly named
- Smock or old shirt for art activities
- You will receive a booklist for requisites upon enrolling at Glenroy West PS.

PLEASE NOTE:

- All belongings and clothing which may be removed must be named so that if misplaced they can be returned to their rightful owner.
- Glenroy West is a SunSmart school so hats are required in terms 1 and 4 – students with no hats must play in sheltered areas.
- Please do not let children bring valuable or precious things to school as tragedies can result

CERTIFICATE OF IMMUNISATION

When enrolling your child for school, a Certificate of Immunisation is required, stating that the child has received the immunisations against measles, mumps, diphtheria, polio and

tetanus. If there is an outbreak of any of these diseases in the school, a child without the necessary immunisations can be excluded from school to prevent further spread throughout the community.

The certificate is available from the Australian Childhood Immunisation Register – Medicare Australia.

You can get a copy of your child's immunisation history statement:

- online
- by requesting a statement to be sent in the mail
- at your local Medicare office
- or by calling **1800 653 809**

HEALTH

In case of emergency, please help us to take the best possible care of your child by immediately advising the school of any changes in personal information. You can do this by ringing the school on **9306 8955**

SLEEP

It is recommended that Foundation Year-aged children receive between 10 and 12 hours sleep each night. Young children, can find the excitement, stimulation and activities of school life quite exhausting. Children require a balance of active play, relaxation, sleep and healthy food for their wellbeing and continued development as they continue to grow and learn.

LUNCH AT SCHOOL

Children can bring their lunches to school in a plastic lunchbox with a drink, clearly labelled. Lunch should be sufficient without being too much for your child to manage. Parents often over-estimate the amount of food children will need at school. Involve your child in the preparation of their lunch so it is something they will enjoy. Ensure lunches and snacks are easy to handle and not likely to spill or become messy. Ensure they know how to remove packaging without spilling contents. A practice at home for beginners to eat from the lunchbox is a good idea before they start school.

Lunch orders are available at Glenroy West Primary School on Fridays.